

Brojid Books

For Singles

What's the
BIG DEAL
a b o u t
KISSING?

Joseph 'Brojid' Dinwoke

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WHAT'S THE BIG DEAL ABOUT KISSING?

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The Kiss Debate



It's a natural feeling in healthy adults to desire kissing a member of the opposite sex, especially if they love the person. This feeling transcends religion, culture and background.

However, some persons believe that singles shouldn't kiss because it's a sin. But some disagree, saying that the scriptures do not categorically condemn kissing since it is not the same thing as sex.

These two opposing views have raised questions in the heart of many singles which can be couched thus: what's the big deal about kissing?

In this book, my desire is to give my answer to this question and arm you with sufficient information to guide

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your steps.

It's my heart desire that it blesses you as you read with an open heart. May God equally empower you to apply the truths you will learn in this book.

To Kiss is the Lips

I'd like to start by pointing out that one of the usefulness of the lips is kissing and that it's not the devil's invention. It is God's design and it is to be used for the pleasure of mankind.

Therefore, it's not a devilish practice to kiss and you are free to kiss as often and passionate as possible as well as draw all the satisfaction that can be drawn from it.

You may not have trained your mind to see it as a possibility even in marriage or grew up in an environment where parents made it look like it's a taboo to be romantic; but it is important you know that kissing is a good thing that should be done.

In fact, if you are a guy, you should not only prepare your

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mind to kiss; but utilize it as a potent tool to give your woman maximum sexual satisfaction. You will most certainly find it handy as a powerful foreplay tactic so she won't add up to the teeming population of sex starved women or those that fake orgasm.

I don't know who the first person to ever kiss was; but I don't have any doubt that it's of God and must have been put in place for our maximum pleasure.

Kissing doesn't just have pleasurable effects; it equally has health benefits!

Now, just before you zoom off and start kissing any available lips, please follow me to the next chapter as we talk about the time to kiss.

Time to Kiss

To Kiss is of God. Kissing is God's design and it is meant for our maximum pleasure. However, just like every good thing, there is a proper time and place for it. The same applies to the beautiful act of kissing.

The reality of life is that when you fail to respect timing and seasons, you run into troubles because it usually comes with consequences.

As good and beneficial as kissing is, wisdom is to ascertain the right time for it and ensure you do it only when it's the right time.

So, is there anything like right time for kissing?

Yes! There is actually right time for kissing.



What's the Big Deal About Kissing

We are aware that unarguably, 98% of the times singles kiss, it's usually an overflow of their sexual desires. That is, the kiss is not just an expression of affection like many claim; but a manifestation of a craving for sexual pleasures.

Now, if you are a Christian, our Lord Jesus Christ teaches that we should not just be content with avoiding fornication; but ensure we don't even fornicate in our heart—lust.

In fact, he said that the one that fornicates and the other that lusted in his heart are same.

But I say to you, anyone who stares at a woman with lust for her has already committed adultery with her in his heart. (Matt. 5:28ISV)

If you therefore not just lust in your heart but give expression to the lust in kissing, passionate hugging, petting, etc, you have disobeyed God and are on your way to the real act.

It's important you know that replete in the scriptures are injunctions that show that a good way to avoid sin is by avoiding its precursors.

Nobody specifically spelt it out and I can't also find in the Holy Bible a time adjudged apt for kissing. However, as I thought about the time for kissing, I came to a conclusion.

Kindly pay attention to my discovery.

Kissing is not just an act; it's one that has cumulative effect. It triggers off chains of other reactions which most time ends in orgasm.

In fact, kissing is a form of foreplay which ultimately leads to sex and sex is a sin when done by people who are not married.

That's why I dare say that the time for kissing is **NOT** in your single days.

It's not wisdom to kiss at that phase of your life when you really desire chastity. Kissing cannot be apt at the time when you really want to quieten your sexual urge, quench the fire of lust and abstain from sex.

So, is Kissing a Sin?

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One question that you may have very strong on your mind based on the point I made in the last chapter is: Is kissing therefore a sin for singles?

I cannot categorically tell you 'yes' now; but the true answer can be made known when we search the scriptures with open mind.

I can't point to any scriptures that spelt it out and I don't think it is right to make the scriptures say what we want it to say just because we want to make a point.

However, there are certain truths which if we sincerely and objectively consider; we will most certainly arrive at the right answer.



Apostle Paul admonished young Timothy to flee things that lead to sexual sins.

In another instance, Apostle Paul admonished the Colossian Church to put to death, their body members which war against their obedience to God.

So put everything evil out of your life: sexual sin, doing anything immoral, letting sinful thoughts control you, and wanting things that are wrong. (Col3:5ERV)

From his writings, I understand that the fact that fornication is a sin is not to be argued. However, he was teaching that they should not just be content with not committing fornication but that they should avoid similar acts and conditions that could lead them to fornication.

That's the real place where the battle for chastity is won. It's when we fail to win here that we move unto smooching, light romance and eventually commit sexual sin before we know it.

Although, the act of kissing among singles can't be conclusively called a sin, it is a sinless act which *you must avoid* if you are really serious about avoiding premarital sex.



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We shouldn't sit down arguing about whether it's sin or not because the real deal about it is not just the act; but where it leads you to.

I am not saying that once you kiss, you commit fornication. However, I am 98.7% sure that you will eventually commit fornication when you engage in kissing long enough!

Please don't accuse me of being overly sin conscious; I am only saying that it doesn't make sense to start out on a particular route and expect not to reach the end of that road. I am equally reminding you that it's not enough to remain chaste and not commit fornication but you have to ensure that lust does not have dominion over you.

I understand that sometimes, one can get overpowered by his/her emotions but it is not wisdom to conclude that since you have started kissing in your relationship, you can just leave it at kissing. I tell you, it won't just end at kissing. It will only take a matter of time to graduate to something more intimate and harmful.

Oh, I Must Kiss!

Often times, when I present my view on the act of kissing, the next question that comes up is: are you saying I cannot kiss someone I'm in love with?

No, I'm not saying that at all! I mean, you have your life to live as you deem good and you are at liberty to make choices and determine the course of your life.

So, feel free to kiss and be prepared to damn the consequences!

As for me, I will kiss my woman. I will kiss her and won't need permission from anybody. I will kiss her in the morning and evening and if I can steal some time during lunch break from work, I will go to her workplace to get some kisses. I will even wake her up with a kiss and before



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she goes to bed, I won't hesitate to take some more doses of kiss.

Oh, kissing I must do and it will be passionate.

But hey, the first kiss *cannot happen* until I have married her completely! No matter how horny I feel and good it looks to kiss her lips, the kiss must wait until when it's a pleasure without any iota of guilt!

I want to kiss her when there is no risk aside bout of sex with accompanying pleasure and possibly lateness to work. I want to kiss her when there won't be any boundary and restrain to the length of the kiss.

I want to kiss her when angels will watch with rejoicing not rage and the Holy Spirit giving me inspiration for better kisses.

My conscience is not yet seared with the lie that there is no God neither has my morality been poisoned by the heresy that once I give my life to Christ, whichever way I live doesn't matter. That's why I choose to put the urge to kiss that young woman that is not my wife on hold!



In fact, for the great kisses that await me in marriage, I choose to control the urge for premature kisses now.

You can accuse me of being self righteous. That's your opinion and you are entitled to it!

My emphasis is that if you are of faith in Christ Jesus, you have a duty to ensure that your life is conformed to the standards of God. That's why you shouldn't be excusing sinful acts away. Put in required effort to conform your life to the precepts of God.

Overtaken By Lust?

Before you continue in disagreement to my stand, ask yourself why you even want to kiss someone that is not your spouse. Don't always pretend that it's because you love him or her.

I may not doubt that you really love him or her. However, there are less harmful means of expressing that love other than kissing.

Is it not lust that is propelling your kiss move? Is it not because you have been overpowered by your emotions?

There are better ways of expressing love and that's why to BrojidBae I say, instead of kissing me to express your love for me before our marriage, please buy me *roasted-corn* with chilled pineapple-flavoured *zobo* or any media and



marketing book. That will suffice!

One sure sign that kissing is something you shouldn't do as a single is that you can't really talk about it boldly among your brethren with high moral standard.

Unless you belong to *churches* where there are no moral values in the name of being the *righteousness of God in Christ*, you cannot boldly announce that you kissed someone that's not your spouse in the name of brotherly love.

If you are overpowered by lust, trace your steps back; instead of remaining there!

The Big Deal About Kissing

I had pointed out what the scriptures implicitly said about kissing and I have gone a step further to show you that kissing is what I must do only when it's the right time and with the right person – in marriage and with my wife.

Now, to the big question – what's the big deal about kissing? Here is my answer.

Kissing is a form of foreplay and it is designed to shorten the length of time it takes to prepare one's mind and body for sex. It almost always leads to sex and when that escapes, it plants an intense desire for sex in the mind of the individuals involved.

The more the kissing act happens, the weaker the persons involved get in resisting the urge for sex before marriage.

In fact, humans are not wired to be content with limited degree of pleasure. We always crave for more of almost everything. We want more and want to continue in our exploration.

That's why I believe that since kissing is an act that awakens or intensifies the craving for sex, if you kiss long enough, you will have sex whether you want it or not; even if it's with someone you didn't plan to have sex with.

Some persons claim they have control and can always restrain themselves from the act. According to them, they know where to stop. But I tell you: that your control is only transient. It only takes time for the restraining power to be broken.

Many people who get themselves sexually turned on with kissing and petting become chronic masturbators because they get themselves charged up for sex and it's only natural to give that urge an expression.

Masturbation is not really the way out for sex; it actually fires you up for it. It only eases off the tension for a while; but the craving for the real act increases as you drive



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deeper into it.

The big deal about kissing for a single is that it doesn't really relieve the pressure for sex like many claim. It actually fires it up and turns into a burning desire that leads to sex with someone that's not their spouse.

That is called fornication and it's a sin against your body and God!

The fact that you didn't go full length into fornication and still experience the power of God through your life doesn't make it harmless. Just like cancer, it may take years for you to see its effect in your life and walk with God.

Beware of preaching and philosophies that sear your conscience such that what's sin doesn't look like sin to you anymore. The moment you become OK with wrong lifestyle, your redemption gets harder.

Let me remind you the words of Apostle Paul, who was not just a youth but remained unmarried and full of the Holy Spirit, to Timothy a youth like you and I.

Stay away from the evil things a young person like you typically wants to do. Do your best to live right and to have



faith, love, and peace, together with others who trust in the Lord with pure hearts.(2 Tim 2:22ERV)

Kissing is one of those acts that young people like you and I typically want to do; but the scriptures teaches that we stay away from it.

Don't be deceived by the movies you watch where even supposedly Christians in relationship kiss each other and nothing happens. It's movies; not real life! They know where to stop; because they must follow the script and people are watching them.

You can't compare it with kissing someone you love in which the script says; kiss as your emotion leads.

Kiss-Urge is Real!

Despite the fact that we have seen that there is a right time to kiss, it doesn't take away the fact that many times, we feel the strong desire to kiss prematurely.

I have caught myself staring at BrojidBae's breast with the desire to hug her. You may think that I am a *Reverend* and so has no such issues.

No my guy, I do!

Believe me, it can be as disturbing as yours! It's a sign that I am healthy and that God indeed has plans of good pleasure for her in marriage.

It was that time that I begged her never to allow me hug her let alone kiss her until we get married. I know this is kind



of on the extreme but we chose to leave our boundaries set that high to ensure we don't stay in the zone where Satan can do anything.

The truth is that an urge for sex is God's blessing and it is a proof that you are alive and well today. I mean if not for that, you and I wouldn't have been born.

So, don't think yourself insane, dirty and ungodly because you feel the urge to kiss or have sex. You should rejoice for God's creation; but put a control to it!

Like every of God's creation, there is a proper place and use for everything. Any abuse of it turns counterproductive *all the time*.

If you follow the pull of the urge for sex, you will injure yourself and expose yourself to numerous risks that can leave you in perpetual regrets.

Instead of following your urge to kiss, please control it. Don't even tell me control is difficult. It's not!

Let me tell you how.

Kissing cannot happen without the other person's consent



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and that makes it a little bit easier to control.

The control is not primarily at the point of urge to kiss; but when you are in your right senses.

When you are not feeling horny, settle down with your lover and explain to yourselves why kissing is a no in your relationship. Agree with each other about this.

Let the agreement compel you to set boundaries regarding your meeting place, body contact and conversations and the pull to kiss will be strongly weakened.

If you are in love with the person, you would want to see the person often and that's cool. If you engage in clean conversations and avoid undue body contact and intimacy, the pull to kiss will be weekend if not suppressed to near nonexistent.

Even when you feel like kissing, you know you can't do that in the open. If you care about pleasing God and your morality is not coloured with fake doctrines, you will be ashamed of kissing someone that's not your spouse publicly.

Therefore, a good strategy for ensuring you maintain your



no-kiss stand is to avoid situations and environments that will make kissing possible.

One more thing: if you feel strongly tempted to kiss, tell your lover.

You are not telling her as a request; but informing her that the Devil is tempting you to hug or kiss her and she should help you overcome the devil. If she is really committed to your decision to honour God in your relationship, she will help you as you help her.

Let him know that if you start getting unduly close to him, he should help push you away.

Sometimes you don't have to say anything. Just request that you two walk away or change your location.

This works magic!

Point of No Return



I have met people who don't see anything wrong with kissing as long as they didn't have sex. When I point out the possibility of moving from kissing to intense romance and consequently sex, they assure me of their ability to control the situation.

In fact, one person told me, “We know where to stop and once my girl doesn't want sex and she feels we are crossing the limits, she will tell me, “it's Ok”.

In essence, he was sure of his handle on the situation so that it doesn't get out of hand.

I chose not to argue with him; but let's assume that what he said is possible, I dare say that singles who can do that are less than 5% and only very *very* few of that percentage can



have that control for a long time.

You may be thinking you have control now because you just started and have not kissed long enough. Kissing alone is able to feed your lust to satisfaction for the meantime. Over time, you will find that it's not longer satisfying and will therefore crave for more.

It's when you start crying "It's the devil o" that you will realise how weak your control is.

Many youths with the resolve to maintain chastity in their relationship landed themselves into regret when kiss alone could not satisfy them and in their quest for more, their hands reached for places they shouldn't; resulting in light romance and the next time they realise what's happening is after orgasm.

Guess what? Surprising shock hits them and if for any reason they get caught or the act gets revealed, they cry, "It's the Devil that pushed us."

The Devil may have pushed them; but they pushed themselves to his zone by locating themselves in a conducive environment for sex and rousing their urge for sex with foreplay – passionate hugs and kisses.



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Please don't get the impression that I'm a prophet of doom painting gloom to scare you. I wouldn't do that; it's not necessary!

My emphasis is that there is a concept called, *Point of no Return*. It's that point where you can't help but continue on a journey that has started. Kissing is a journey to orgasm; you will find it difficult to stop until orgasm once you cross the point of no return.

Don't pretend to have control you don't have. At the point of no return, your efforts can't turn off the intense urge for sex!

Sex is not by Accident

If you are one of those who have resolved to honour God in their relationships and body by abstaining from sinful sex, please pay attention to what I want to share with you now.

Your resolve is a good one and commended in a generation like ours where sexual deviance is the order of the day.

I feel strongly impressed in my heart to share with you this very important truth – sex is not by accident. People don't have sex without planning for it. The only time the opposite seems to happen is in the case of rape.

Before sex happens, the mood is prepared, a conducive environment is located and two parties charged for action. It hardly ever fails to follow this pattern. However, many people get shocked that they had sex because they made all

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the preparations for it without realizing it.

They ignorantly prepared their minds with erotic conversations and indiscriminate body contact, located themselves in sex friendly environment by remaining in a dark or isolated place and charged each other up for action with kissing which they label, *just an expression of affection*.

When they say they didn't see it coming, I believe them. But they most certainly prepared for it without knowing because there are acts that seems harmless to two people in love; but the end is sex they didn't see coming.

You see, sex hardly happens by accident; especially among people that don't want to indulge in it.

The mind is prepared for sex and once the preparation is complete, sex happens easily and naturally. The series of activities designed to prepare the mind and body for sex is called foreplay.

Kissing is a form of foreplay and one of the steps in sex cycle.

It doesn't make any sense to initiate a process you don't



want to see its completion. I understand that the body feels like doing it and it's a sign that you are alive and well; however, there is time for everything, including kissing!

It's huge foolishness to engage in kissing; yet, claim that you don't want to go full length. You may not commit fornication with your first, second and even third kiss; but every act of kissing draws you closer to the real act of lust.

It weakens your ability to resist the temptation for sex and heightens the craving for it. Only a fool or the deceived sniffs the food he doesn't want to eat and claim it's just sniffing!

Please don't make it hard for you to resist the temptation for sex. Sex doesn't happen by accident; don't lead yourself into it with kissing while deceiving yourself that it's not a sin.

Quitting Indiscriminate Kissing

For most part of this book, I have emphasized that kissing another person that is not your spouse is a bad idea and should therefore not be practiced by those that desire to maintain chastity in their relationship and please God with their bodies.

Even if you have been engaging in sinful kissing, you have to stop. I am not commanding you; I'm just telling you to put a stop to it before it ruins you.

It doesn't matter how deep you may have gone into the act; I'd like to share a few thoughts that could help you quit indiscriminate kissing.

The starting point of quitting indiscriminate kissing is



calling your lover to realise that it's a bad thing you people have been doing.

You have to come to the point of agreement that continuing in it is first class order of deceit because you will eventually and most assuredly do that which you don't want to do if you persist in kissing long enough.

If he is not Ok with this truth and therefore insists on kissing, you may have to call the relationship quits.

For me, the relationship that will take away my good conscience before God and expose me to the risk of huge embarrassment should waste in the deepest part of hellfire!

Moreover, it's not enough to discuss and mentally agree to no-kissing, you should help yourselves achieve it.

You may still have a memory of how good the hugs and kiss felt and that may put a strong pull to the act.

But if you restrain yourself for months, the memory will fade and the temptation won't be as strong and then control will become easy.

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Meanwhile realization of how wrong it is and risks associated with it will prove to be a helpful pull from the act.

Parts of what to do that will help the both of you refrain from sex until the right time is to set boundaries in your relationship.

Do not assume that the two of you are believers and should know what is right. Talk to your partner about it; let it be correctly spelt out.

If you seek to do as I do, please agree to no-hugging. If you must, let avoid 360 degree hug.

You don't have to go as far as saying 'no hugging' but I encourage you to set it high enough such that you don't get tempted especially if you had previously engaged in kissing and the likes before now.

A large, stylized graphic of the number '11' in a light gray color, positioned behind the title text.

My Point?

As I leave you on this matter, I'd like to recap the points I have made and in the process emphasize the key points that I expect you should take home.

The feeling to kiss someone that you love is real and is a proof that you are very healthy and not sick. However, you don't just give expression to any feeling you have.

There is a proper time and procedure for every activity under the sun and kissing is only right when done in marriage by married people.

Trust me, I will kiss properly and thoroughly; but it's *only* my wife I will kiss and that is *only* after we have been completely married. It won't even happen a day before I marry her.

This is not so that I will make heaven; but because I understand that kissing a woman that's not your wife is a precursor to fornication which is a sin against God.

When I feel the pull to kiss her prematurely, my duty is to work on my mind so that I don't live perpetually with the urge for sex, let alone desire to kiss her lips.

Kiss and hugging may not be sin; but they surely lead to sin when done long enough. That is why it's wisdom to learn to deal with it instead of reason it away.

Now that you have realized that it's not right to kiss someone that is not your spouse, quit indiscriminate kissing by informing your partner of how wrong it is and helping each other overcome the urge to kiss.

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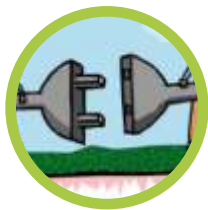
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